**Clinical Evaluation**

***Post-Concussion Symptom Evaluation***

***NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE of INJURY: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **none** | **mild** | **moderate** | **severe** |
| Headache | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| “Pressure in head” | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Neck Pain | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Nausea or vomiting | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Dizziness | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Blurred vision | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Balance problems | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Sensitivity to light | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Sensitivity to noise | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Feeling slowed down | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Feeling like “in a fog” | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| “Don’t feel right” | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Difficulty concentrating | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Difficulty remembering | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Fatigue or low energy | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Confusion | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Drowsiness | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Trouble falling asleep | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| More emotional | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Irritability | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Sadness | 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Nervous or Anxious | 0 | 1 | 2 | 3 | 4 | 5 | 6 |

**Total number of symptoms** (Maximum possible 22) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Symptom severity score** (Maximum possible 132) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do the symptoms get worse with physical activity? ☐Yes ☐No

Do the symptoms get worse with mental activity? ☐Yes ☐No

**\*Danger Signs in Adults**
In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. Contact your health care professional or emergency department right away if you have any of the following danger signs after a bump, blow, or jolt to the head or body:

* Headache that gets worse and does not go away.
* Weakness, numbness or decreased coordination.
* Repeated vomiting or nausea.
* Slurred speech.

Patients should go to an emergency department right away if they:

* Look very drowsy or cannot be awakened.
* Have one pupil (the black part in the middle of the eye) larger than the other.
* Have convulsions or seizures.
* Cannot recognize people or places.
* Are getting more and more confused, restless, or agitated.
* Have unusual behavior.
* Lose consciousness (*a brief loss of consciousness should be taken seriously and the person should be carefully monitored*).

**Danger Signs in Children**
Take your child to the emergency department right away if they received a bump, blow, or jolt to the head or body, and:

* Have any of the danger signs for adults listed above.
* Will not stop crying and cannot be consoled.
* Will not nurse or eat.

\*CDC Concussion, http://www.cdc.gov/concussion/signs\_symptoms.html#3